



**EXTREME**  
adventure  
Adventure Day

# Adventure Day Team Building



## Introduction

The day starts with a safety briefing and an over view of the day

## What Happens?

Teams are taken to their first activities and rotate around each activity area. There are varying degrees of difficulty across with the emphasis being on getting people to step outside of their comfort zones and encourage their team mates.

We can offer between 4 and 7 activities catering from 10 to 120 people

## Locations

Our Adventure Day is completely mobile and can be run in any suitable outdoor space throughout the UK and Europe. We can recommend venues and locations we have worked with before however if you have already found your venue we would be delighted to speak with them to check that the space is appropriate.

# Adventure Day Activities

Adventure Day includes up to 7 exciting and challenging activities:

- Zip Wire
- Laser Clay Pigeon Shooting
- High Ropes
- Scramble Net Challenge
- Archery or Extreme Archery
- GPS Treasure Hunt
- Giant Land Zorbs



## Zip Wire

We own Europe's only Mobile Zip Line. You can reach speeds of up to 40 Km/hr as you zip down this fantastic experience. This is an exciting addition to our Adventure Day

Team members compete at Cargo drop which involves dropping a bean bag on to a giant target

## Laser Clay Pigeon Shooting

Our laser clays can have up to five people shooting at the same targets, launched from a number of positions at differing speeds and angles.

There are several games, requiring increasing skill levels.



# High Ropes Course



**Our Mobile High Ropes course has a platform height of 4m above the ground and has 55m of challenging activities.**

**Teams work together collecting objects from difficult places along the duration of the course to score points**

# Scramble Net Challenge



**You're kitted out with a harness and helmet and attached to a belay line. Then all you have to do is climb 5m to the top of the Scramble Net. Looks easy but it's not !**

**The challenge is to Climb and Chuck which is a timed climb to the summit followed by a throwing challenge.**

# Archery



Archery is a great team leveller you may well be surprised to discover just which members of your team are the ones to excel at this teambuilding activity.

# Extreme Archery



Sky Bow is the latest craze to take the UK by storm, where archery is taken to a whole new level with fast moving targets propelled high into the air, image clay pigeon shooting meets archery - but with a lot more fun thrown in for good measure

# GPS Treasure Hunt



This is a high tech treasure-hunting game in which the participants use a GPS receiver to find containers (called "geo caches" or "caches") anywhere in a field. Caches can be disguised as branches, pieces of tarmac or flora. This makes the challenge so much fun and incredibly entertaining.

We set up the course, provide all the caches and Hand Held GPS trackers for this activity

# Giant Land Zorb Racing



Our 3m Giant Zorb Balls are a bit of a handful to control.

Each team is in a relay to race these bad boys round our inflatable track.

We have four 3m balls and it is possible for all four to race at the same time. This allows teams to employ cunning tactics